

2026 AAMC Update

Central Group on Educational Affairs (CGEA) Spring Meeting

April 28th, 2026

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Chief Academic Officer
AAMC

AAMC

MISSION AND VISION

Mission Statement: The AAMC leads and serves the academic medicine community to improve the health of people everywhere.

Vision Statement: A healthier future through learning, discovery, health care, and community collaborations.



AAMC Advocacy Strategy & Priorities

AAMC Advocacy Strategy

- The AAMC's advocacy is nonpartisan, focused on advocating for issues and policies impacting our members and their communities.
- We actively engage across the political spectrum as well as with stakeholders and coalitions to advance our mission.
- Closely connected to our members and their work, and rooted in our AAMC mission, we participate in the current political and legal landscape.
- We're dedicated to being a strong, adaptable advocate for academic medicine, ensuring our members can continue their vital work.
- **The AAMC is committed to:**
 - Actively advocating for our members' interests.
 - Maintaining strong lines of communication with members, including through:
 - Educating policy makers about academic medicine
 - Being strong stewards/fiduciaries to ensure long-term sustainability.
 - Evolving our policy positions and advocacy approach

AAMC Advocacy Priorities

- **Strengthen the Health Care Workforce**
 - Increase investment in Medicare-supported graduate medical education (GME)
 - Support vital physician training programs
 - Expand funding for HRSA Title VII and VIII workforce development programs
- **Protect Patients' Access to Health Care**
 - Protect the tax-exempt status of nonprofit academic health systems and teaching hospitals
 - Improve reimbursement from Medicare and Medicaid
 - Preserve supplemental financial support for safety-net hospitals
 - Uphold the 340B Drug Pricing Program
 - Reduce the administrative burden on academic health systems and teaching hospitals
- **Support the Training of Future Physicians and Researchers**
 - Ensure that medical expertise guides medical care
 - Preserve critical student financial aid programs
- **Promote Funding for Health and Scientific Research**
 - Ensure robust and sustained growth in medical research supported by the NIH
 - Support academic health systems and teaching hospitals' efforts to responsibly deploy artificial intelligence and related technologies
 - Support the full spectrum of scientific inquiry
 - Reduce, streamline, and harmonize excessive or outdated medical research regulations
 - Ensure a robust, federally-funded public health and research infrastructure

Policy Makers ongoing Interest in Medical Education

- Nutrition
- Lifestyle Medicine
- Menopause
- Accreditation
- Higher Education Costs

Student Financial Services

Providing Support to Navigate Student Aid Policy Changes

- **Financial Information, Resources, Services & Tools (FIRST) Program** provides information about paying for medical school, managing money, and successfully repaying student loans.
- **New resources & support** to help community understand student aid policy changes:
 - Recorded webinar: [Federal Student Loans and Repayment Plans: Key Updates Amid Ongoing Policy Changes](#)
 - Expanded [MedLoans Organizer & Calculator](#) tool to include new student loan repayment options effective July 1, 2026
 - Ongoing collaboration with AAMC government relations to support [regulatory engagement](#) and advocate for borrower-focused student aid policies
 - Future updates to FIRST resources forthcoming pending final student aid regulations.
- **February 2026 Health Professions Financial Aid & Student Records Professional Conference**



Virtual Repayment Strategies Platform

FIRST Program 2026: Repayment Strategies and Transitioning to Residency for Graduating Medical Students

Register

Already registered? Log in now.

Overview Content

As a graduating medical student with loans, one of the most important steps you can take when transitioning to residency is choosing the right repayment plan. The FIRST program offers numerous tools and resources that can assist in that decision during this most important time in your medical career.

Choose your own learning experience! The 2026 FIRST Program includes the following three optional experiences:*

1. A series of live webinars where repayment strategies are discussed with a Q&A session
2. An On-Demand Video that is a recording of a repayment strategies webinar
3. An On-Demand Video that is a recording of a how to use the MedLoans Organizer and Calculator (MLOC)
4. A series of Q&A session office hours**

***We recommend that you don't register for the entire package, as you will be registered for the on-demand video and EVERY webinar and office hour in this experience. Register for individual experiences instead.**

****In order to register for an office hour, you must view the on-demand webinar repayment strategies video in its entirety. This is done to ensure that Q&A sessions stay focused on answering participant questions and not on teaching the educational content that's available in the on-demand video and webinar sessions.**

If you have any questions, please email us at first@aamc.org.

- Free, virtual offering for member medical schools
- Live & On-Demand Repayment Strategies Sessions
- Office Hours with AAMC Staff
- Curated resources to support debt management strategies

Register and choose your own learning experience with this interactive and informative new platform

Start Today!

Nutrition in Medical Education Curriculum

AAMC Strategic Collaborative Efforts to Grow Nutrition in MedEd

2016-2019

2020-2021

2022-2023

2024

2025

2026+

AAMC Strategic Initiative Launched
including Nutrition In MedEd

NASEM Roundtable on Obesity Solutions

LMED MedEdPORTAL Collection

Obesity Care Competencies
AAMC + Stop Obesity Alliance

IPE eLearning Module released
Navigating a Food Borne Illness

PPH Evaluation Framework published in Academic Medicine

AAMC supports Virtual Learning in Lifestyle Medicine (COVID response)

National Summit on Nutrition Education + Delphi Study for Competencies

TKC + FIM + Google Convening (Boston)

SCOPE Survey deep dive

PPH Commentary in AM

AAMC commits to White House Challenge

Build a Better Curriculum Webinar Series

Lifestyle Medicine added to Careers in Medicine (CiM)

ACLM Publication

Foundational Competencies for UME (AAMC/AACOM/ACGME) includes preventive care

Nutrition Competencies published in JAMA

ACLM Plenary

AIHM Leadership Summit

AAMC sponsors TKC Annual Conference

AAMC Publishes Data Snapshot on Nutrition Curricula

AAMC LSL special session

AAMC commits to HHS Challenge

Exemplary models amplified and community supported to advance further integration

Best Practices Summit on Nutrition in MedEd Sponsored by TKC (AAMC HQ)

● AAMC Strategic Initiatives ● Convening ● Data & Resources ● Publications & Guidance ● Federal Agency Response ● Professional Development

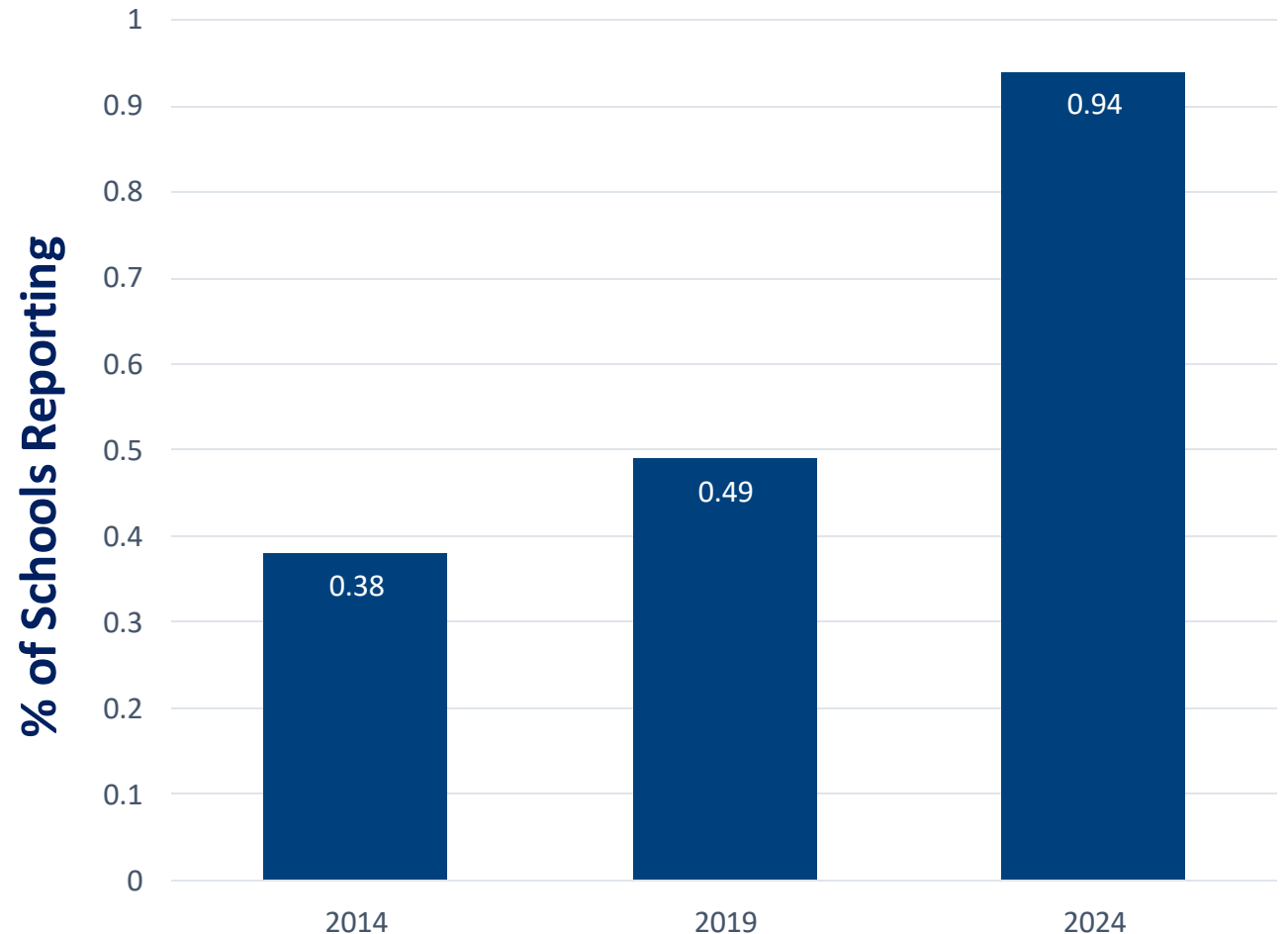
**This timeline is not exhaustive and includes sampling of efforts most relevant to nutrition from a broader longitudinal PPH initiative led by Dr Fair, AAMC.*

2014 to 2024

Schools reporting requiring nutrition in the curriculum beyond that related to the foundational sciences.

Emerging nutrition content includes but not limited to food access and healthy choices, communicating for behavior change, disease prevention, the role of nutrition professionals.

Nutrition Content in Required Curricula*



*The source for the 2014 and 2019 statistics is the AAMC Curriculum Inventory. The source for the 2024 statistic is the AAMCAACOM Curriculum SCOPE Survey. See: Blood, Angela D. MPH, MBA, CHSE-A; Farnan, Jeanne M. MD, MHPE; Fitz-William, Walter MPP. Curriculum Changes and Trends 2010–2020: A Focused National Review Using the AAMC Curriculum Inventory and the LCME Annual Medical School Questionnaire Part II. Academic Medicine 95(9S):p S5-S14, September 2020.

Medical Educators' Call to Action



1. Conduct a nutrition gap analysis

Use the AAMC's [Nutrition in Medical Education Curricula data snapshot \(PDF\)](#) and the recently published "[Proposed Nutritional Competencies for Medical Students and Physician Trainees](#)" as guiding frameworks to map where nutrition competencies are currently addressed.

Steps could include and are not limited to:

- 1) Assembling a **small cross-functional task force** including curriculum leaders, faculty with nutrition or lifestyle medicine expertise, including dietitians, nutritionists, and student representatives.
- 2) Reviewing **existing curricular content** (preclinical, clinical, interprofessional) and considering where nutrition is currently addressed — use the AAMC data snapshot and proposed nutritional competencies as guides.
- 3) Identifying **gaps and redundancies**, if any, across the learning continuum, noting opportunities for vertical and horizontal integration.
- 4) Identifying **areas of strength** and considering **sharing** with fellow educators.



Medical Educators' Call to Action



2. Fill identified gaps

- 1) **Partner** with nutrition and dietetic practitioners, public health professionals, and lifestyle medicine experts for interprofessional co-development and delivery.
- 2) **Focus on adding or amplifying** nutrition into existing, high-impact educational curricula rather than creating standalone modules.
- 3) **Refer to AAMC and *MedEdPORTAL*** resources, data snapshots, and other materials.
- 4) **Leverage other national resources** described in the AAMC's [nutrition resource bundle](#) for curricular materials and training; consider submitting exemplars to *MedEdPORTAL* for publication.



Medical Educators' Call to Action



3. Share exemplary practices

- 1) **Build connections** and **share practices** within AAMC virtual communities.
- 2) **Submit exemplary curricular** practices and resources to *MedEdPORTAL* for dissemination.
- 3) **Submit proposals** to present works at future meetings and professional development conferences.



Artificial Intelligence in Academic Medicine

AI *in* and *for* Medical Education

- Competencies (draft coming in 2026!)
- FREE monthly webinars
- Dedicated virtual community
- Newly updated AI integration resources collection
- Key scholarship in Academic Medicine and MedEdPORTAL



aamc.org/AI

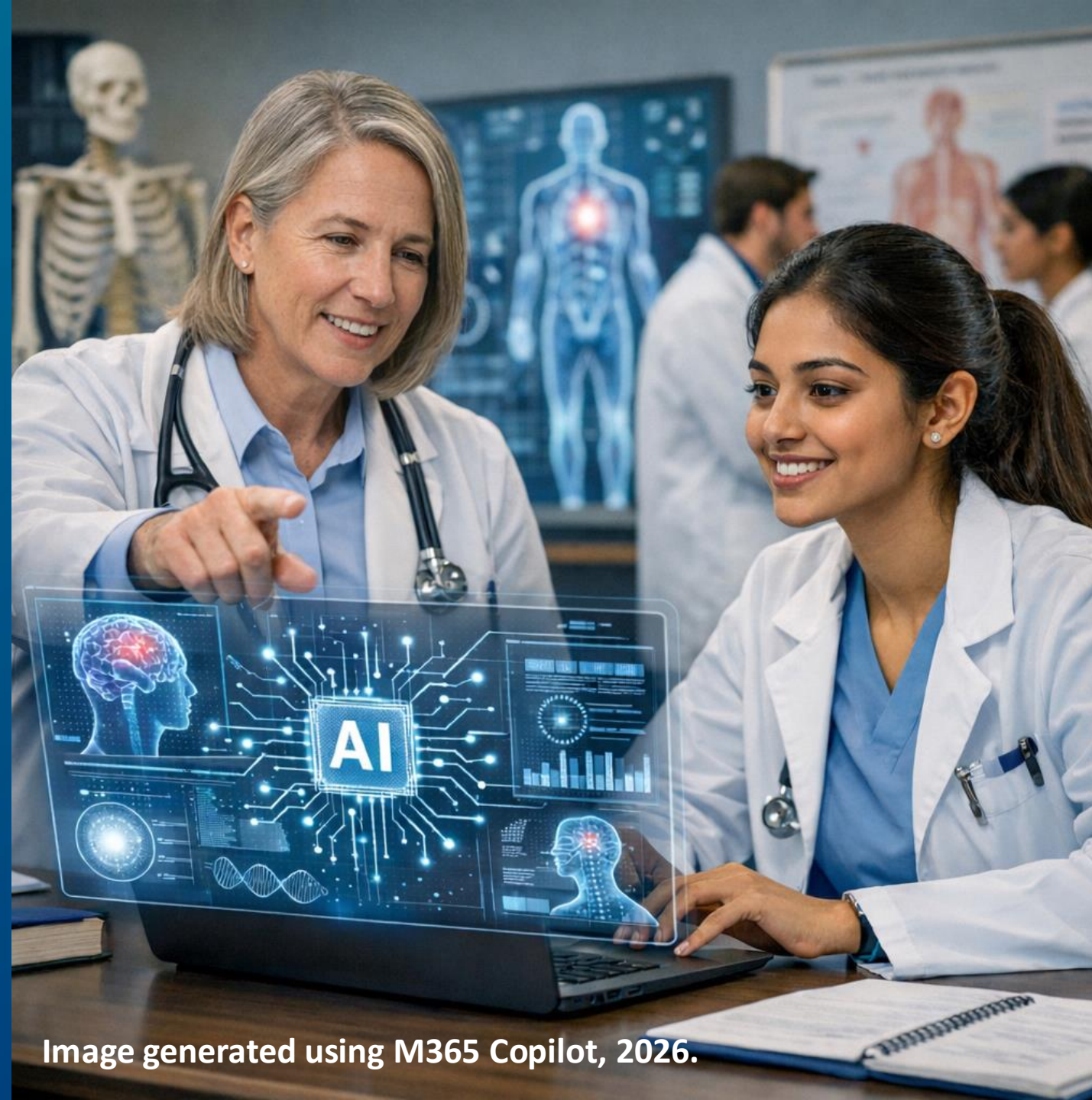
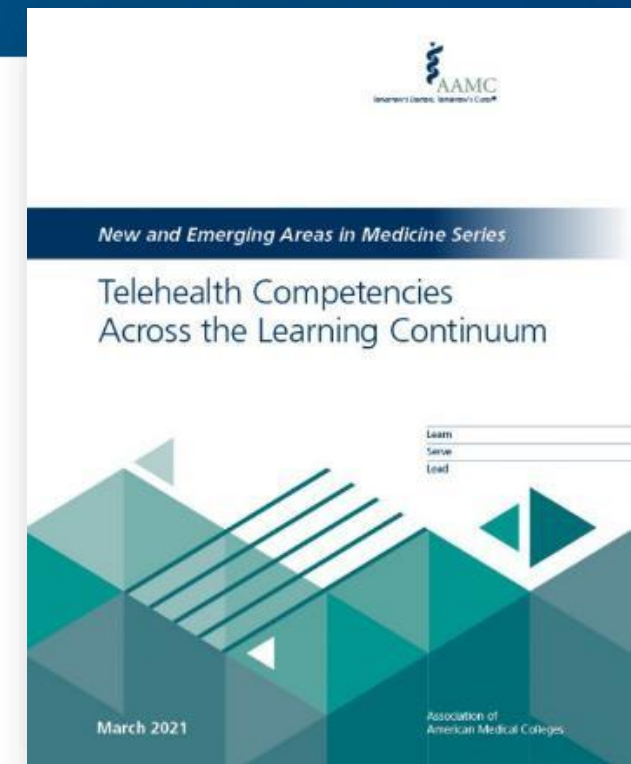


Image generated using M365 Copilot, 2026.

AAMC New and Emerging Areas in Medicine Series

1. Quality Improvement & Patient Safety
2. Telehealth (revision coming soon)
3. Artificial Intelligence (Draft open for feedback through April 30th)



Evolution of AAMC Affinity Groups

The AAMC Affinity Groups are evolving!

What you can expect from the new structure:

- 11 new affinity groups, effective July 1
- A new group structure that will make it easier for current and future participants to navigate and find their professional fit
- The AAMC will continue to offer robust virtual and in-person opportunities for professional development

Read our FAQs and learn more about the evolution of AAMC affinity groups!



Curriculum, Assessment, Instruction, and Research (CAIR)

- Serves as a home for medical educators across the continuum
- This group is being developed with significant input from GEA leadership and constituents
- Will hold a national conference for medical educators covering a wide range of topics
- The inaugural CAIR steering committee will be announced shortly. More volunteer leadership positions are expected to open later in the summer via open nomination

CAIR Conference

- CAIR will hold a national conference for medical educators covering a wide range of topics and opportunities to:
 - Disseminate your work and scholarship
 - Develop in your role
 - Network with peers
 - Advance medical education
- The program will be developed by a constituent planning committee
- We are contracting for **late-March 2027**. Dates expected late-Spring/early-Summer



Research & Scholarship



The AAMC is strengthening its commitment to academic medicine scholarship

Research and scholarship are **foundational** for innovation in academic medicine and evidence-based educational practice. To support this, we are:

- Developing a **centralized AAMC program to support scholars** through resources, development, and engagement across career stages.
- Evolving existing programs (e.g., RIME, MERC) to **strengthen impact and align with this broader vision.**

Regional Scholarship Meetings

- **Transition to AAMC Regional Scholarship Meetings** aligned with an association-wide vision for advancing scholarship across academic medicine.
- **Responding to constituent feedback** by creating smaller, regional gatherings for scholars and practitioners, from novice to expert and across affinity groups, to share work, connect, and engage in deeper dialogue.
- **Expanding access and impact of scholarship** through inclusive regional participation, mentorship and career development opportunities, and stronger pathways to national engagement.

Opportunity to Inform Program Evolution

- **We will ask for community input** on the future direction of AAMC scholarship programs.
- **Faculty, staff, and learners across career stages are invited to share perspectives** that will help shape this work.
- **If you are interested in participating, please indicate your interest** so we can follow up when opportunities become available.



2026 Match[®] Results

*Source: National Resident
Matching Program[®]*

- 48,050 active applicants – a 1.8 percent increase over last year.
- 44,344 available positions – a 2.6 percent increase over last year.
- 93.3 percent of PGY-1 positions were filled.
- PGY-1 Match rates varied significantly across applicant types:
 - U.S. MD seniors maintained a 93.5 percent match rate
 - U.S. DO seniors increased to 93.2 percent
 - U.S.-IMGs increased slightly to 70 percent
 - Non-U.S. IMGs declined slightly to 56.4 percent
- The number of primary care positions continue to increase.

The AAMC at 150: Shaping the Future of Academic Medicine

In 2026, the AAMC celebrates 150 years of leadership in academic medicine — honoring the people, ideas, and institutions that brought us here, and inspiring what's next for the future of health and health care.



Explore where we've been and how our rich history shapes where we're going:

aamc.org/our-legacy



Learn More

SAVE THE DATE



**LEARN
SERVE
LEAD ²⁰₂₆**

THE AAMC ANNUAL MEETING

**ANAHEIM, CALIFORNIA
NOV. 6-10**



[Learn More](#)

Questions?

 [@alison-whelan](#)