

Behavior Skills Checklist

For each area below, identify student behaviors or challenges, by checking the appropriate box.

What did you observe?	EMOTIONAL RESPONSES
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<p><i>Stick to what you can observe, see/hear</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Refused to start work <input type="checkbox"/> Left seat / walked away <input type="checkbox"/> Argued/talked back <input type="checkbox"/> Put their head down <input type="checkbox"/> Disrupted others <input type="checkbox"/> Physical behavior (pushing, grabbing, etc.) 	<p><i>Big feelings are driving behavior</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Student appears overwhelmed <input type="checkbox"/> Gets frustrated quickly when work is hard <input type="checkbox"/> Difficulty calming down <input type="checkbox"/> Behavior follows a trigger <input type="checkbox"/> Says "I can't" or "This is too hard." <input type="checkbox"/> Shows physical signs (crying, yelling, etc.) <p>If 3 or more checked → Likely Emotional Response</p>
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SKILL DEFICIT (<i>Student does NOT know how</i>)	BEHAVIOR (Student CAN do it, but isn't)
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<ul style="list-style-type: none"> <input type="checkbox"/> Cannot complete the task even with support <input type="checkbox"/> Struggles with grade-level academics <input type="checkbox"/> Does not know how to ask for help <input type="checkbox"/> Difficulty with peer interactions <input type="checkbox"/> Needs modeling or reteaching <input type="checkbox"/> Occurs during specific tasks <input type="checkbox"/> Improves with help <p>If 3 or more checked → Likely Skill Deficit</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Has completed the task before <input type="checkbox"/> Happens with non-preferred tasks <input type="checkbox"/> Stops with reward/consequence <input type="checkbox"/> Responds to motivation <input type="checkbox"/> Used to gain attention or avoid work <input type="checkbox"/> Knows expectations but does not follow <input type="checkbox"/> Inconsistent performance <p>If 3 or more checked → Likely Behavior</p>
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PEER RELATIONS	STUDENTS STRENGTHS
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<ul style="list-style-type: none"> <input type="checkbox"/> Conflict with male peers <input type="checkbox"/> Conflict with female peers <input type="checkbox"/> Conflicts with adults <input type="checkbox"/> Conflict with younger peers <input type="checkbox"/> Conflict with same-age peers <input type="checkbox"/> Conflict with older peers <input type="checkbox"/> Other: _____ 	<ul style="list-style-type: none"> <input type="checkbox"/> Leadership skills <input type="checkbox"/> Self-motivated <input type="checkbox"/> Positive relations with peers/adults <input type="checkbox"/> Self-Regulate/Emotional Control <input type="checkbox"/> Academic Skills _____ <input type="checkbox"/> Creative
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What should I do?

Emotional Response: Calm tone, give space, reduce demand

Skill Deficit: Model, break down steps, teach skill

Behavior: Reinforce compliance, clear expectations, follow through

Student: _____ Date: _____ Activity/Locations: _____