

BEYOND DE-ESCALATION

Aligning Classroom and Counseling Practices
to Create Lasting Behavior Change

.....

Presented by:

Roshanda Glenn



Why Strategies Sometimes “Don’t Work”

Key Points:

- Students are often taught different strategies across settings
- Teachers implement strategies during real-time escalation
- Brain state impacts access to learned skills
- Timing often determines whether a strategy succeeds or fails

This is not just a strategy problem. It is a timing and alignment problem.

Understanding Behavior with the Escalation Accountability Sequence™

Key Points:

- Behavior unfolds in phases
- Brain states change across escalation
- Students process support differently at each phase
- Regulation must precede accountability

**Support, instruction, and accountability must
match the student's brain state.**

De-escalation Alone Does Not Create Lasting Change

Key Points:

- Stabilizing the moment is only the beginning
- Long-term behavior change requires:
 - Alignment
 - Skill-building
 - Reflection
 - Consistent implementation
- Accountability must happen after regulation

We are not choosing between compassion and accountability. We are sequencing them.

The DIOR Cycle™ - A Collaborative Process for Real-World Implementation

Key Points:

- Therapists help design interventions
- Teachers implement strategies during real classroom moments
- Real-time feedback improves effectiveness
- Collaboration strengthens consistency across settings

A strategy is not complete until it works in the environment where it is needed.

Key Points:

- Behavior support requires timing and alignment
- Brain state determines strategy accessibility
- Teachers and counselors must function as connected systems
- Shared language improves consistency and outcomes

When classrooms and counseling align, we move beyond managing behavior and begin creating lasting change.

Creating Connected Systems of Support



Roshanda Glenn

Founder, The Behavior Studios
roshanda@thebehaviorstudios.com

Thank
you