



PIN TUCK TANK

#1421



DIFFICULTY



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texture clothing
PATTERNS

YOU ARE MORE THAN YOUR MISTAKES.

I wish I was perfect. I would love to not make mistakes, especially those that affect the lives of others. When I take a moment to think about why I'm triggered, I clearly see that it's an issue of shame. Because I know this, I give myself as much grace as I can muster. My response: more love.

My first response is to feel so let down when I make mistakes doing something I know how to do. It's so human, though...and I'm definitely a human! When I remember to be present, my answer is more love.

Additionally, when I challenge myself to learn new things, such as speaking German, knitting, hula hooping, using new computer software, etc., I have a difficult time giving myself the space to learn and progress slowly. Shame bubbles to the surface, and again I need to remember to pour more love into myself so that I can heal those feelings of humiliation.

I'm making myself vulnerable to you in hopes of this 'landing' where it needs to. My hope is that you will take this sewing pattern and increase your sewing skill level while also learning a little bit more about yourself. You might make a mistake or two while constructing this garment and those blunders can be teachable moments. As Thomas Edison said, "I have not failed. I've just found 10,000 ways that won't work."

You are doing a great job navigating this 'human experience' journey. You are learning so much. You will make oversights and you will misstep. There is no failure; there is only feedback. Can you give yourself more love? You are so much more than your mistakes!

From my heart to yours,

Teresa



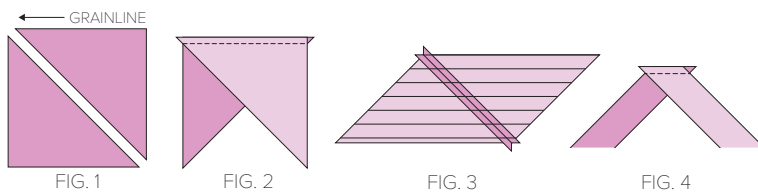
SUPPLIES

- Woven fabric (you may need more if there is a **nap** or directional print). See Fabric requirements table at right.

A linen or hemp fabric will drape nicely. A tightly woven cotton will be stiffer and provide a more architectural look and feel. Follow these links to purchase **eco-friendly hemp** fabric or our **fun repeat prints!**

- Thread
- Single fold bias tape

Buy a package or **make your own** using the same fabric or a contrasting color. To make your own, cut a 10" square in half on the diagonal (fig. 1). Sew right sides together, offsetting tips by 1/4" (fig. 2). Cut into 1"-wide strips (fig. 3). Sew strips right sides together, again offsetting tips by 1/4" (fig. 4).



Size chart

	XS	S	M	L	XL	XXL
bust	33½"-34½"	35½"-36½"	37½"-38½"	40"-41½"	42½"-44½"	45½"-46½"
	85-87.5 cm	90-93 cm	95-98 cm	101.5-105 cm	108-113 cm	114-118 cm
waist	24½"-25½"	26½"-27½"	28½"-29½"	31"-32½"	34"-35½"	35½"-37½"
	62-64.5 cm	67.5-70 cm	72.5-75 cm	78.5-82.5 cm	86.5-90 cm	90-95.5 cm
hip	36"-37"	38"-39"	40"-41"	42½"-44"	45½"-47"	49"-51"
	91.5-94 cm	96.5-99 cm	101.5-104 cm	108-112 cm	115.5-120 cm	125.5-129.5 cm

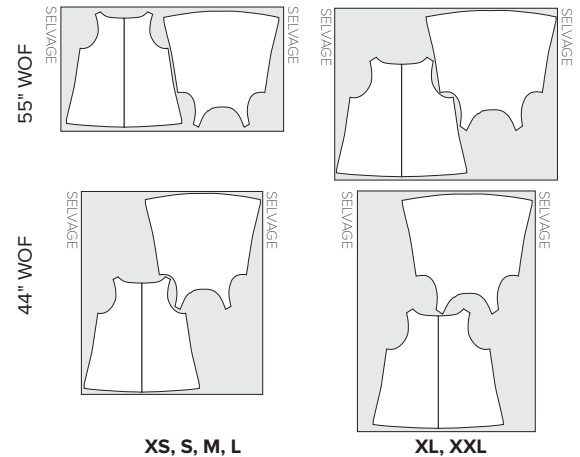
Finished garment measurements

Measuring the bust, at underarm points

XS	S	M	L	XL	XXL
37"	38"	40"	42"	45"	47"
94 cm	96.5 cm	101.5 cm	106.5 cm	114 cm	119 cm

Fabric requirements

	XS	S	M	L	XL	XXL
44" WOF	1⅜ yards	1½ yards	1½ yards	1⅝ yards	1¾ yards	1¾ yards
115 cm WOF	130 cm	130 cm	140 cm	150 cm	160 cm	160 cm
55" WOF	⅞ yard	⅞ yard	⅞ yard	⅞ yard	1¼ yards	1¼ yards
140 cm WOF	80 cm	80 cm	80 cm	90 cm	110 cm	120 cm



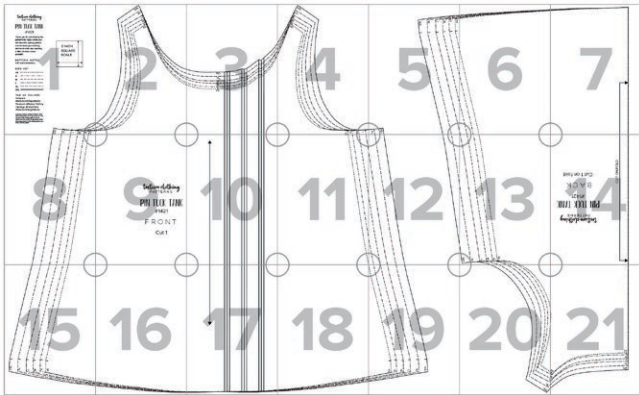
SEWING DIRECTIONS

Note: A $\frac{3}{8}$ " seam allowance is included on all pattern pieces.

1. Print the pattern. Please make sure you are printing "actual size" not "fit to page".

To determine the size to make, use the Size Chart on page 3 and print off your desired size. Open the pattern in Adobe Acrobat Reader and click on "layers" at the top left side. Deselect layers you do not want to print.

2. Cut out the paper pattern in your size. If you are printing at home, use this guide to assemble the pattern pieces.



3. Making sure the grainline is parallel with the **selvage**, and using the layout guides, cut all pieces, as marked, using your desired woven fabric.

4. Sew the 3 pin tucks. Using the notches at the top and the bottom as guides, fold over the fabric and press. Sew down the tuck $\frac{1}{8}$ " from the edge. Each pin tuck will stick up/away $\frac{1}{8}$ ". Repeat

until all 3 tucks are sewn, then press towards the side seam. **Find a pin tuck tutorial here.**

5. Placing right sides together, sew front and back at shoulder seams. Start at the neck and sew towards the shoulder.

6. Press seam allowance towards the back.

7. With right sides together, sew front and back at side seams. Start at the underarm point and sew towards the hem.

8. Sew a stay stitch (a single line of basting stitching through one layer of fabric. Meant to stabilize the fabric and prevent it from becoming stretched or distorted) around the neck. **Sew the bias tape** into the neck, making note if you want the tape seam to be at the center back or matching with one of the shoulder seams.

9. Sew a stay stitch around the arm openings. **Sew the bias tape** into each of the armholes, making sure to have the tape seam match with the underarm seam.

10. Press seam allowance towards the back.

11. Hem to the desired length. To find your desired length, try the Pin Tuck Tank on with a pair of pants or skirt you want to wear it with and pin to figure out what length suits your figure the best. To hem, turn twice and stitch into place.

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LEAVE A REVIEW

Share your experience (and photos) making the Pin Tuck Tank on the **product's review page** on our website. We are so excited to see what you make!

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