

# RIGOR & RELATIONSHIP

*HOW CAN WE CREATE ENVIRONMENTS WHERE STUDENTS AND TEACHERS DO HARD THINGS AND ALSO BUILD COMMUNITY*

- Cognitive Load
- Working Memory
- Anchors
- Entry Points
- Honesty Boxes
- Identity
- Hero's Journey
- Productive Struggle



Build Trust: What's your Anchor? Students Anchors?  
Teachers Anchors?



Name the Difficult Task & Find the Easy Ask

Ressurrect

Try

Create

Find the Access Point: What's an easy ask you can make in a unit, lesson plan, skill-based activity?

Don't Steal the Struggle: What's getting in the way of you or your student doing hard things?



**Small Wins:**

