

Getting Unstuck: Pyramid Model Strategies for When Behavior Challenges Adults

Lindsay N. Giroux & Leiha Knecht

2026 International Early Childhood Inclusion Institute

Step of Planning	Skill to Teach:
Demonstrate & Describe	
Animate	
Practice	
Planned Opportunities	
Extend	
Reinforce & Reflect	

DAPPER is found in Giroux, L. N. (2022). *Create an emotion-rich classroom: Helping young children build their social emotional skills*. Free Spirit.

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Books used in the DAPPER mystery book activity:

12 Days of Kindness by Irene Latham

A Day with No Words by Tiffany Hammond

A Little Spot of Anxiety by Diane Alber

Friends by Mies Van Hout

I Can Share by Karen Katz

I Feel Scared by DK Publishing

Little Monkey Calms Down by Michael Dahl

Little Senses series by Samantha Cotterill (*This Beach is Loud! It Was Supposed to Be Sunny, Can I Play Too?*)

Loving Kindness: A Meditation by the Dalai Lama

Making a Friend by Tammi Sauer

One Lonely Seahorse by Saxton Freymann

Scaredy Squirrel by Melanie Watt

So Many Feelings by Larissa Honsek

The Very Busy Spider by Eric Carle

The Way I Feel by Janan Cain

This is How We Make Friends for Kids Going to Preschool by DK Publishing

We Find Feelings Clues series by Lindsay N. Giroux (*I Know Sad, I Know Happy, I Know Mad, I Know Silly, I Know Scared, I Know Curious*)

Yo? Yes! By Chris Raschka

You are a Lion! by Taeun Yoo

Visual Supports from NCMPI (ChallengingBehavior.org) used in the passport activity:

[Visual Routine Cards for Home \(Spanish\)](#)

[Greetings Board](#)

[Peer Mediated Skills](#)

[Today I Feel Chart \(English/Spanish\)](#)

[Pinwheel-Flower Breathing \(Spanish\)](#)

[Relaxation Thermometer \(Spanish\)](#)

[Relaxation Thermometer: add own photo](#)

[Tucker Turtle Takes Time to Tuck and Think](#)

[Help Me Stay Calm: Infant](#)

[Help Me Stay Calm: Toddler](#)

[Help Us Stay Calm: Preschooler \(Spanish\)](#)

[Problem Solving Steps Cards \(Spanish\)](#)

[Solution Kit: Classroom Edition \(Spanish\)](#)

[Solution Kit: Classroom Large Visuals](#)