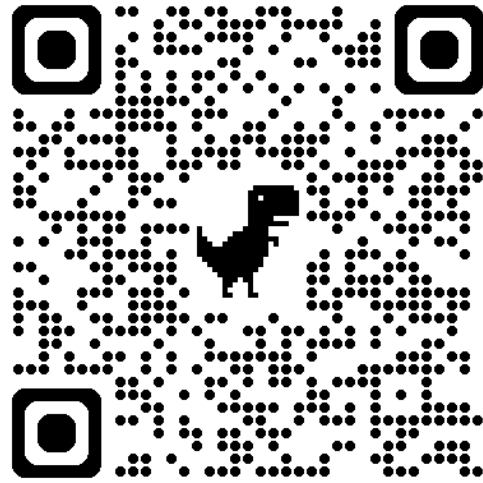


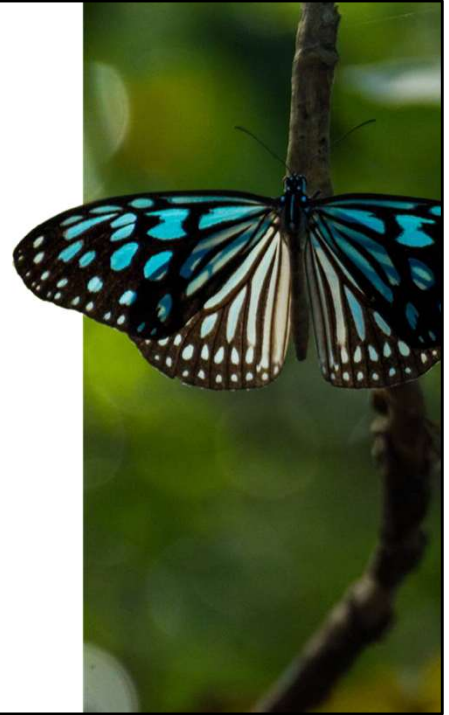
Woowoo Scale

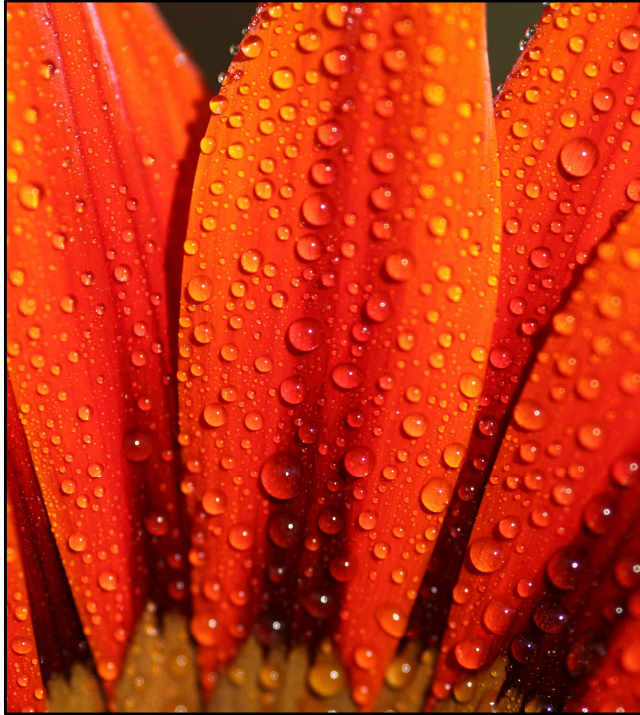
Please use this QR Code to
download the PowerPoint
Presentation for Woowoo
Scale: How to tell the
mystical and magical from
the "you might seek
professional help"



WOOWOO SCALE

How to tell the mystical and magical
from the "you might seek professional
help"





Disclaimer

Should not be construed as diagnosis....

Usually...

Vampire not Vampyres...

My Opinion & Research & Experience...

Dogma - see Usually...

Nothing I say should be construed as a diagnosis. I tried hard not to name any psychological illnesses in this presentation. I am not a psychiatrist.

Everything I say should automatically have Usually after it.... In Woowoo there is always an acceptance to the rule.

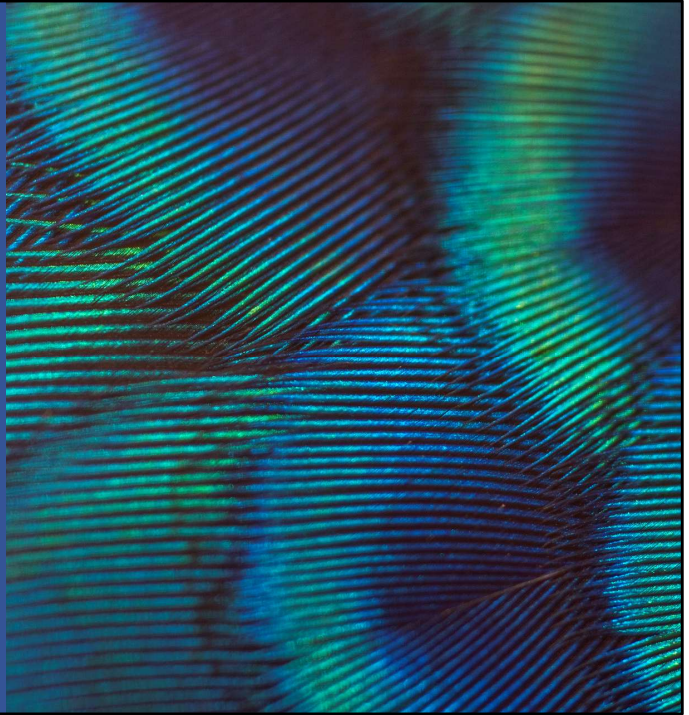
When I talk about Vampires I am not talking about Vampyres.

This is my opinion & research & Experience with both the clinically mentally ill and Neurotypical people.

I am not trying to set some dogma about Woowoo (because Woowoo can be slippery and particular to each person)

agenda

- Gnosis, UPG, VPG, VGG
- Definition & History
- Pagan Modernized Woo Theory Scale
- Parenting & Woowoo
- Woo Theory Time and Intensity Scale



Gnosis

Unverified Personal Gnosis
UPG

Verified Personal Gnosis
VPG

Verified Group Gnosis
VGG



Another part of the Woo Scale that is important is the term gnosis.

Definition: **Gnosis** (noun) – knowledge of spiritual mysteries. Most Gnosis is unverifiable by nature.

Definition: **Unverified Personal Gnosis UPG** – knowledge of spiritual gnosis by one person who cannot proven or verify. Example: Scott met with the leader of the Paladins, who gave him a directive to be a healer.

Definition: **Verified Personal Gnosis VPG** – knowledge of spiritual gnosis that is verifiable and experienced by ONE person. Example: Scott wrote down a detailed prediction of 9/11 before it happened.

Definition: **Verified Group Gnosis VGG** – knowledge of spiritual gnosis that has been verified across a group of people in a similar manner and thus is verified. Example: A group of people seperated by distance and association all experienced the same meaning for the ogam Luis/the same description of Papa Legba.

Definition & History

Where did the WooWoo Scale come from?



www.woowooscale.com No longer a website.

WooWoo 1. Term used to describe beliefs outside support of empirical or mainstream scientific evidence. 2. Term used to describe practices that have strong popular opposition, questionable validity, or accusations of being false. Example: “Patty went to one of her WooWoo meetings last night.” (Patty was at a UFO channeling meeting). Other spellings: “Woo Woo,” “woowoo,” “woo woo.” See also the [SkepticWiki entry](#) for another good definition.

The original author said: “WooWoo is used lovingly, not as an insult but more in fun.” The author then proceeds to compile a level system to rate WooWoo on a scale of 0 to 10. 0 being the Sceptic and 10 being tinfoil hats to stop mind reading. I have found it is used lovingly and as an insult.

WooWooscale.com offered a scale that I have modernized and written from a pagan spiritual experience perspective. This is notably different from the perspective of the original WooWoo Scale. It would take too long to compare and contrast the old WooWoo Scale to the New One I have created so I am sticking with just offering you

my modernized and pagan perspective scale.

Big Changes are around UFOs and the scale was reformatted to fit a pagan framework, lowering the level of some Woo because of the common beliefs by pagans of them.



Level 0

Absolute Skeptic

This is a “believe it when I see it” level. Some pagans have atheist leanings and don’t believe in psychic abilities unless proven.

Level 1

Belief in the Gods

Animism

Energy of Crystals

Modern Astrology

Renaissance Astrology

Belief in Angels

Accepted UFO

Dragons, Fairies, Nature Spirits in a **spiritual form**

This level believes in the gods, goddesses, angels, spirit guides, and the natural spiritual existence of most inanimate objects. There is also the belief that some form of unidentified flying objects exists and interacts with the world. The idea that

we are not alone in the Universe.

Level 2

Reincarnation without memories of past life being accessible.

Energy & Auraic

Ghosts, Spiritual Guides

Here are other commonly accepted ideas in Paganism. Reincarnation is certainly a common belief. Additionally, I place the ability to feel and experience the energy of a space, people, objects, and auras.

Level 3

There is no Coincidence.

Common Psychic Abilities: Empath, Psychometry, Clairsentience, Claircognizance, Precognition, Clairvoyance

Also known as magical thinking, Level 3 is the common belief in Paganism that nothing happens without being some part of the Universal Plan. This is a principle taught to pagans as a matter of course. I include common psychic skills such as being an empath, having psychometry, clairsentience, claircognizance, precognition, and clairvoyance.

Level 4

Laws/Axioms of Magic

Psychic Attacks have physical consequences

The Laws/Axioms of Magic and the ability to energetically interact with the Universe to effect change. Axioms of Magic from The Magician's Companion by Bill Whitcome or the Laws of Magic by Isaac Bonewits.

The step above, simple energetic auras of objects, is the belief that energy can interact with you and others to change one's emotional, mental, physical, and future being

Level 5

Crystal with Healing or Psychic Properties

Telekinesis (small objects, flame, insects)

Astral Projection

Atlantis was a place, just a place

Spiritual manifestations of **thought forms**

The ability to utilize energy to move flame or small objects. The belief that Atlantis and other ancient "mythical" cultures existed, but not necessarily with advanced technology that outstrips today's technology. However, those ancient "mythical" places **DO NOT** have a spiritual power and understanding we do not.

Level 6

Telepathy

Retrocognition

Memories of Past Lives are accessible

Beyond median beliefs is Level 6. Not everyone believes that telepathy (mind-to-mind communication), knowledge from the past, astral projection, or memories from past lives are real. This is where they cannot go any further.

Level 7

Loch Ness Monster

Big Foot

Vampires

Ghouls

Mummy

Ogres

Physical manifestation of Thought Forms and other beings.

Fairytale Creatures in a physically manifested form

Here is the belief that there are actual physical representations of these beings.

Cryptologists fall here. I would also include thought forms manifesting as actual physical beings here (not spiritual manifestations, which would be addressed at Level 5).

Level 8

UFO Abduction

Physical Sex with Gods and Spirits

Atlantis & Mythical Civilizations were supernatural, advanced civilizations

Supernatural Powers (Telekinesis of medium to large objects)

Paladins & Other Specific Aliens (Interacting and Physical Existence)

Here we begin to level the realm of accepted pagan belief and start to enter the realm of High Woo.

If you believe that the Paladins and Insect Aliens actually physically exist, you have left the shared beliefs of Pagan Culture and moved toward a more new age belief system that parts ways with Paganism. If these beliefs interfere with your ability to judge reality, hold a job, or be a functioning member of society – This may be the level where you consider some psychological help.

Level 9

Tin foil protection

UFO Pregnancy

Stickers on your cell phone to cut radiation.

Vaccines cause you to be magnetic.

Here is a belief that has absolutely been disproven by scientific study and evidence. If these beliefs interfere with your ability to judge reality, hold a job, or be a functioning member of society – This may be the level where you consider some psychological help.

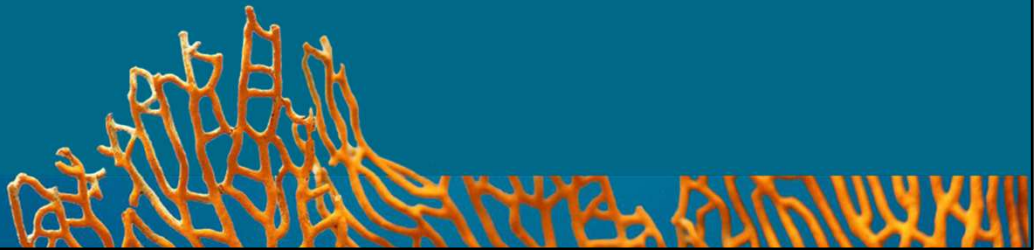
Level 10

Entities asking you to harm yourself or others or to perform human sacrifice or terroristic activities.

Here is the most dangerous level because actual physical harm could be done to oneself or others. Here Woo becomes a suggestion to seek professional help.

Identifying Woowoo

- Woowoo, when it is true, changes you profoundly
- Should be something you are shy about sharing.
- Takes time to assimilate



The author of the WooWoo Scale previously mentioned takes a broad view of WooWoo implying that a belief in God is a step on the scale. I concede this point that belief might be enough to land you on the WooWoo Scale.

What the author doesn't say is that at Level 10 you have begun to leave the path of WooWoo and enter into the area of "needs mental health assistance." Many dissociative disorders, bipolar disorders, and other types of mental illness that are typically involve auditory and visual hallucinations or are defined by extreme paranoia will fit into my level 8, 9, & 10 Woowoo Scale category. If these beliefs interfere with your ability to judge reality, hold a job, or be a functioning member of society – This may be the level where you consider some psychological help.

That being said, most Wiccans, Pagans and "other" spiritual practitioners are going to have more than a Level 5 or above Woowoo outcome. Some may even have as high as a Level 9 outcome. So how do you tell, you have crossed the border and need medication or intensive therapy? How do you raise relatively grounded children who will still have wonder, mystery, and magic in life? First, if these beliefs interfere with your ability to judge reality, hold a job, or be a functioning member of

society – This may be the level where you consider some psychological help.

And also: Woowoo, when it is true, should change you – profoundly.

It should be something you are shy about sharing. OR you have a great conviction to share. It should be something that you recognize could be seen as a bit clinically crazy and something you know without external validation is not. It should take time to assimilate and it should have the possibility of many meanings. You should sit around and worry about what the woowoo really means and how it will change your life now that you have experienced it.

Woowoo, when it is true, should take significant amounts of time to assimilate. (Tony and me being psychic as example)



Handling Experiencing WooWoo in Your Life

- Sacredly Sacred
- You validate the Woo. The Woo should never validate you.
- If you Share Woo, Time has Passed, and the changes Woo brings testifies to Woo
- Woowoo of great significance is validated by the universal truths it exposes.
- A little bit of Woo can happen daily. Big Woo usually happens infrequently. Woo is met with a skeptical mind.

How to handle Woo in your life:

Sacredly Sacred – The higher the Woo event the more it should scare you and the sacred to you it should become.

It should make you at least nervous to share.

You validate the Woo. The Woo does not validate you. You decide what is a portend or spiritual experience or happening because you are having a bad reaction to pain medication.

On very rare occasions you may want to share your woowoo experience but ultimately, the change the woowoo brings into your life is the testament to the power of the woowoo.

Woowoo of great significance is validated by the universal truths that it exposes. They are often riddles of images and messages that must be thoroughly explored and deconstructed. They should expose something of great significance to the recipient and if the message is real and true then it will expose some universal truth that can be evenly applied to all of

humanity. So Woowoo that promotes an ego driven belief – is just that ego driven and no necessarily woowoo.

A little bit of woowoo can happen every day, maybe. BIG WOO happens rarely. If BIG WOO happens all the time it could be a sign that you might need help. (God talking to you all the time, here auditory messages all the time, strong paranoia.) or have too much of an ego. For pagans it is the amount of woowoo that can happen on a small scale on a regular basis. We do believe in the little miracles and signs that a belief in angels, spirits and gods can bring. That belief, however, should be tempered by a skeptical mind. Is the candle flickering a message? Or is the candle catching the air from the vent directly above it? Are bunnies your totem or should you put up a better fence around your vegetable garden? Are the crows portending the death of someone in your house? Or have you been feeding them? If any level of Woowoo interferes with your ability to judge reality, hold a job, or be a functioning member of society – This may be the level where you consider some psychological help.



Some Rules of Thumb for Woowoo

1. Unique & Unusual & Applicable
2. Frequency
3. Identify Your Ego & Biases especially when concerning Divinatory Tools
4. Workings should be Secret & Sacred especially in Magic

These are things that indicate Woowoo has or is happening.

Rules of Thumb

Unique & Unusual & Applicable: When dealing with the animal kingdom, especially, unique and unusual sightings tend to have a significance. When I saw a cow killer wasp walking down my front walk. I knew there was a magical message in its approach. I had live in Georgia all my life and never seen one before, even though research led me to understand that they are native to Georgia. It was walking as bold as you please up the middle of my front walk when I went to get the mail and I was barefoot. Its hairy red and black stripes warned even the bravest of souls that it had a stinger that would hurt you....hence the name cow killer – a stinger that can bring a cow to die of pain. My life was in turmoil at the time from two different distinct sides. I studied all about cow killers and what they meant and applied those lessons to my life. I took action based on the emergence of the cow killer. Another day, I opened my red door to a preying mantis doing the love dance on my front step. It was in love with my door. I could never apply the preying mantis to anything that was happening in my life and cherish the memory of that preying mantis to this day. It was unique and unusual and I couldn't apply its appearance to my life. It may have had a significance I missed.

However, it taught me that unique and unusual is important but to be woowoo must be applicable to my life at that moment.

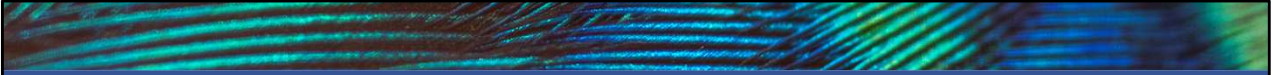
Frequency: When dealing with the animal kingdom, another thing to take into account is frequency of sightings. Crows are plentiful in Georgia. If I see one I don't take much notice unless, I see them at the same time every day in the same place doing the same thing. Then I have to apply that encounter with what is happening in my life and if what the crows were doing was significantly unique and unusual to warrant having any special meaning in my life (Applicable).

Identifying your Ego and Biases especially when concerning Divinatory Tools. The pendulum, tarot, runes, ogham and any other type of divinatory tool can be influenced by the subconscious mind or interpreted according to what someone wants the tool to say, not what the tool says. We are also influenced on subconscious levels by a querent's dress, manners, affect, and energy. The age of a querent, the state of the hands and types of clothes are all cues that many readers consider when reading. This is mentalism – not psychic ability. Understanding if you are influenced by mentalism and guarding against it is the path to greater and more high woowoo readings.

To combat this, going through the tool in deliberate way, studying the runes, ogham or tarot deck one card at a time in a specific order helps to solidify the meaning of the tools and better allows the reader to understand when they come up in a reading. Lots of work identifying your own ego driven desires and biases is essential.

Magic: When you do magic, you should not speak of it again until it has come to its completion. If you did a spell to get a job, you shouldn't mention that spell until you get a job. The idea is that you live a life like the change the magic is to invoke has already happened. You live in a world already changed by the magic that was done. Keep it secret to keep it sacred. Once magic has changed the environment, then you can reference that spell – share it with others – or add to it to improve upon your outcome. These reasons are great ones for sharing magical outcomes.

If you are using the magic you can do to brag, it weakens your own claims of power. Powerful People don't have to brag and toot their own horn to be seen as powerful. They are.



Healthy woowoo? Psychotic break?

- Woowoo asks you to harm yourself or others or do damage to physical places or structures
- Woowoo cannot go against the laws of physical science, physics, quantum mechanics, and/or the Laws/Axioms of Magic. (Which leaves a large window of woowoo open to you without hindrance)
- Woowoo ability is not verifiable and/or repeatable
- CAUTION: Woowoo should not be a game you play or a skill you flaunt.

I have a few simple Rules for understanding whether to talk to a psychiatrist about medication OR you are experiencing Woo.

First, do the voices or visions suggest you hurt yourself or others? If yes, it's time to see a psychiatrist

Second, do the voices and visions suggest that you are the most special of special people who ever walked the earth, promise power you cannot manifest, and/or suggest that you are set above most people? This is probably your EGO, not Woowoo

Can you verify the Woo – Cover UPG again and discuss how UPG is substantiated. How to verify your personal woo.

Woo cannot go against the known and unknown laws of physical science, physics, and quantum mechanics.

Woowoo ability must be verifiable to be true. (Writing down a prediction, sealing it in an envelope and then giving to a trusted friend to verify

predictions.)

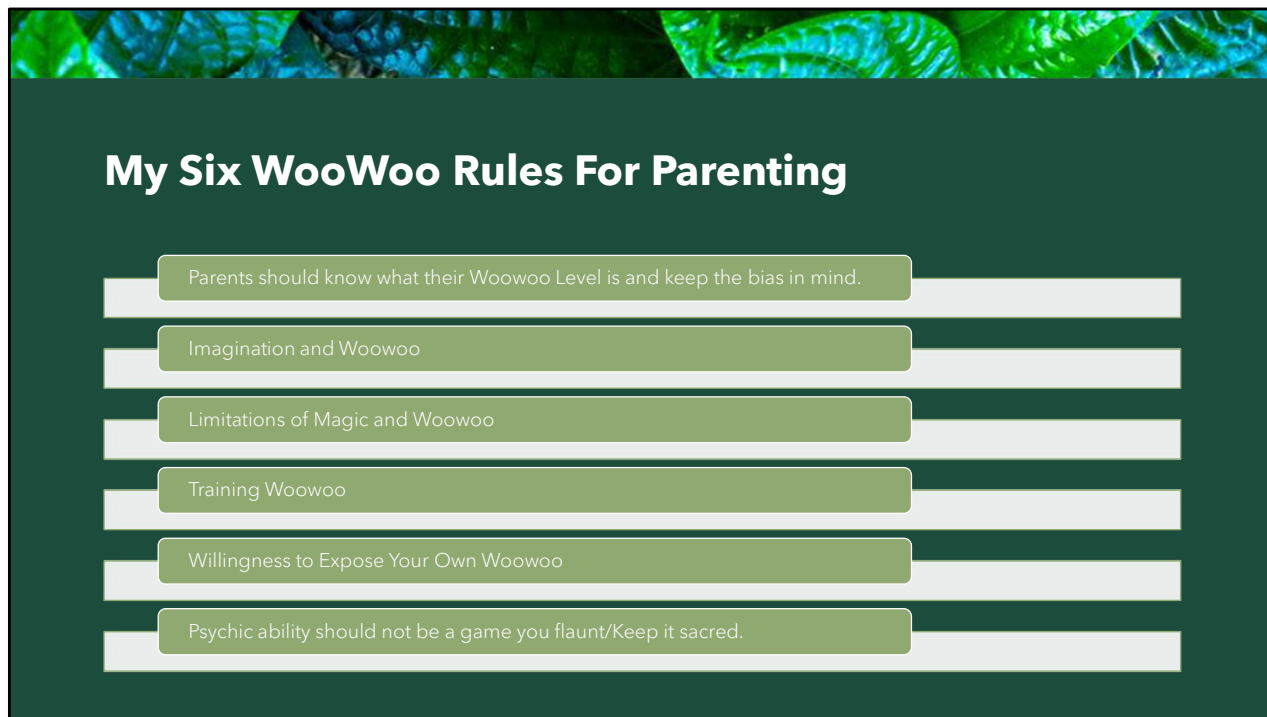
Psychic ability must not be a game you play or a skill you flaunt for various reasons

- Ppl will want to experiment on you

- Ppl will want to exercise your “demons”

- Ppl will simple think you are crazy

- Ppl will fear you



Parenting to the WooWoo

This section is for parents with children. How to parent Woowoo.

Know Your Woowoo Percentage

Understand what is acceptable woo to you and what is not.

Imagination and Woowoo

It is important to remember that children will interpret woowoo as something they are imagining or as a game, they are playing with their minds. It is our reaction to these episodes that will solidify the existence of woowoo in the world or destroy it.

When my son was talking to a person I couldn't see I asked him who it was. He told me it was Bob his dragon. My boy was only two or three at the time. I believe in dragons and readily believed that Bob was more than just his imagination, but an actual spiritual entity that had decided to manifest itself to my son. So I asked more about Bob. Was Bob nice? Was Bob big or small? What was Bob telling my boy? These questions serve two purposes for a parent. The first is to look for signs of paranoia or dangerous thinking. If Bob was telling my boy to cut himself I might

have a completely different response to Bob telling my boy to talk quieter so mommy wouldn't hear. In fact had this interaction had something nefarious involved in it – violence, anger, maliciousness, fear – I would have sought out a professional help immediately to ascertain whether or not I was dealing with mental illness or an imaginative child with a dark sense of humor.

Fortunately, Bob liked to talk about cars. Bob was small like a puppy and liked to change colors. Over time, I have watched Bob grow with my son. I could put forth a theory that my son created a spiritual entity that has grown as he has grown displaying similar characteristics as my son. I could postulate that my belief combined with my son's was sufficient to create a type of spiritual projection that has developed with reasserted belief. I could also put forth that Bob is an actual dragon that found my son at this young age and has decided to grow and guard my son. It really doesn't matter. It is all varying degrees of woowoo. Woowoo that is not harmful and that I have helped to maintain all these years. To this day is a comfort to my son.

Limitations of Magic and Woowoo

When my son was around five he began to want to do magical spells. The first spell he asked me to do was to make his stuffed animals come to life. This is where, as a parent, I have to inject some reality into my son's woowoo.

I explained that magic was mostly meant to work with the world the way the world already was. So stuffed animals didn't normally come to life therefore there was no magic we could do to bring them to life. Magic was bound by the realities of the physical world of science and physics. If he wanted a new bike, we could do a spell to get a new bike, with a picture of the bike he wants, the color and then raise energy to see it manifest. Then we would have to wait at least a full moon cycle (28 days) to see what would happen.

Children who want immediacy find the concept that waiting for something is hard to do. However, discipline is an integral part of magic. The discipline of the mind and physical body to wait on the energy set in motion to come to life is vastly important and a universal truth you will find in nearly all major religions. Immediacy is not a realistic outcome in most things.

Limitations of Magic & Woowoo

The other thing you don't want to set your child up for is a belief that magic is the cure for all that ails you. For example, you might suggest you use magic to help a child make a good grade. That magic must always be accompanied by a sacrifice to the gods toward that good grade. Like sacrifice must be made for like wanted things.

If you want a good grade, then you must sacrifice the time to study for the good grade. The magic will help ensure that the questions on the test are what you studied for and the study and test taking will cumulate at the most advantageous time for the student/magic practitioner.

I also taught that magic and psychic skill must abide by the Laws/Axioms of Magic or physics/quantum mechanics.

Training the Woowoo

When your child tells you they have experienced a ghost or met their own pet dragon, employing your own screening to test for paranoid or dangerous ideas is important. You want to establish that the entity is not betraying a child's deep emotional trauma that may need addressing. You want to establish that the entity is friendly. You want to establish that they aren't encouraging your child to act outside the normal standards of behavior of the Family Coven.

However, if they are, you should seek professional guidance to make sure the child isn't just overly imaginative or is not responding to some trauma that you are unaware of. Then you can use magic, the application of getting rid of under bed monsters to help settle the idea in your child's head. Standard psychic games can help hone and train the Woowoo your child will believe in.

Willingness to Expose Your Woowoo

When dealing with children, your willingness to expose your own woowoo is the most helpful. Talking about the animals you see, what they could mean helps to develop your child's own discernment with all things woowoo.

Having a set of rules that you apply to woowoo can be helpful as you guide your child.

Woowoo never promises immediate results

Woowoo cannot go against the known laws of physical science and physics and quantum mechanics and/or the Laws/Axioms of Magic

Woowoo has significance in a person's life and is never just some random thing that happens.

When dealing with animals, woowoo presents itself in unusual and unique ways

Woowoo is sacred and not to be shared by everyone

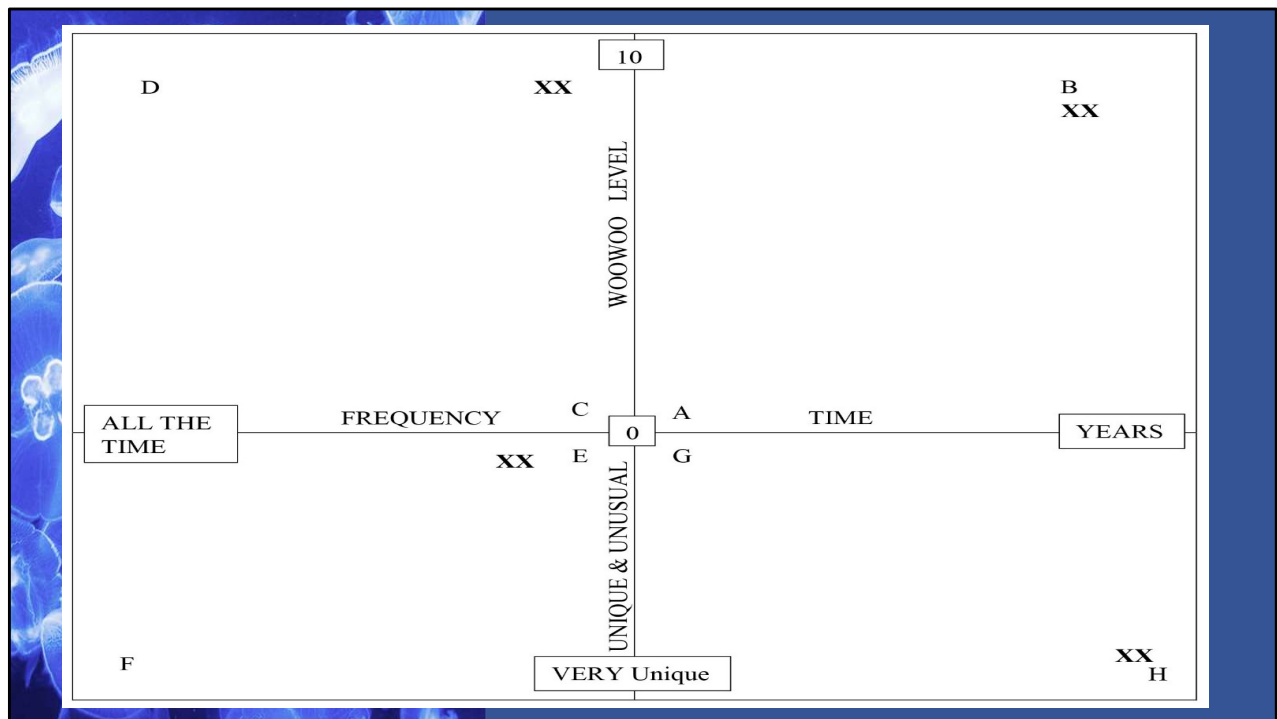
Psychic ability should not be a game you play or flaunt

These are the rules that I have applied as I have moved forward dealing with woowoo and my own child. You might consider making some of your own.



TIME AND WOOWOO

The scale on the next page is a good visual for rating and dealing with your woowoo.



A represents a low woowoo happening that you choose to share quickly after meeting someone. I like someone's aura might be in the **A** area.

B represents the high woowoo that has happened and should take years to assimilate and a much better understanding of those you would share it with.

C represents moderate woowoo that happens to you frequently. A feeling in the pit of your stomach that leads you to go a different way to work or being visited by an animal guide or protector.

D represents a persons who has a high woowoo level of things happening all the time. IF this is the case then it is possible that mental evaluation should be undertaken.

E represents a frequent magical thing that happen but it isn't unusual. Getting shocked and determining that was karmic retribution. A candle that flickers when energy is applied to it are some examples.

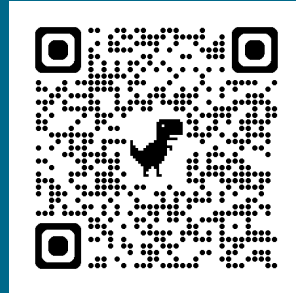
F represents a very unique and unusual thing happening very often. Again if this is happening to you then consider mental evaluation.

G represents the normal not unique or unusual things happening often in someone's life. Visited by animal guides or ghosts of ancestors.

H represents the unusual or unique thing happening infrequently in someone's life.

Which would be considered the norm.
XX represents safe areas.

contact info



Rev. Dia

www.revdia.net

770-880-3666

craftydia@gmail.com

