

That Hoodoo Lady

MYSTIC SOUTH 2026 HANDOUT

READING AND USING RARELY USED DIVINATION TOOLS BLACK FOLK MAGIC

Chicken Feet

- ⊕ Protection charms
- ⊕ Scratching away curses
- ⊕ Mojo bag power
- ⊕ Tossed for divination
- ⊕ Dried with salt, sulfur, herbs

Common Signs

- ⊕ Bubbles: absorbed negativity
- ⊕ Cloudy water: illness or envy
- ⊕ Blood spots: witchcraft or hex
- ⊕ Eye in yolk: evil eye
- ⊕ Filaments: gossip or enemies

Nuts & Seeds

- ⊕ Gris-gris, washes, offerings
- ⊕ Used in graveyard work
- ⊕ Cast for yes/no/direction readings
- ⊕ Seed counts for abundance, scarcity, or change

Why These Tools Were Forgotten

Religious suppression
Anti-African bias
Loss of oral tradition
Economic control of Black spiritual autonomy
Mislabeling African practices as “evil”

UNCOVERING THE MYSTERY OF HOODOO POPPETS AND DOLLIES

What is a Poppet?

A poppet is a vessel — a likeness or object that carries intention, spirit, and the energetic imprint of a person, ancestor, or force.

Correspondence: Materials match the work — roots, herbs, Bible verses, personal concerns.

Living the Doll: The doll is the person in the spiritual world. Treat it accordingly.

Intention: Prayer, chanting, oils, and focus direct the work.

A Black Tradition First: Hoodoo is rooted in the survival strategies of enslaved Africans.

Any Object Can Be a Poppet: Cloth, clay, fruit, drawings, bones, machine parts — form follows purpose.

Types of Dolls

Four-corner dolls
Overseer-binding dolls
Nail-driven protection figures
Healing
Doll absorbs illness
Hyssop, rue, angelica for cleansing
Distance healing through the doll



Now you know, don't let it go

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