

MYSTIC SOUTH 2026

Welcome! We will begin soon



*Presented by That Hoodoo Lady
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MYSTIC SOUTH 2026

Meditations



Meditation Music by Be Worthy Lifestyle
Words by That Hoodoo Lady

<https://www.beworthylifestyle.com/>



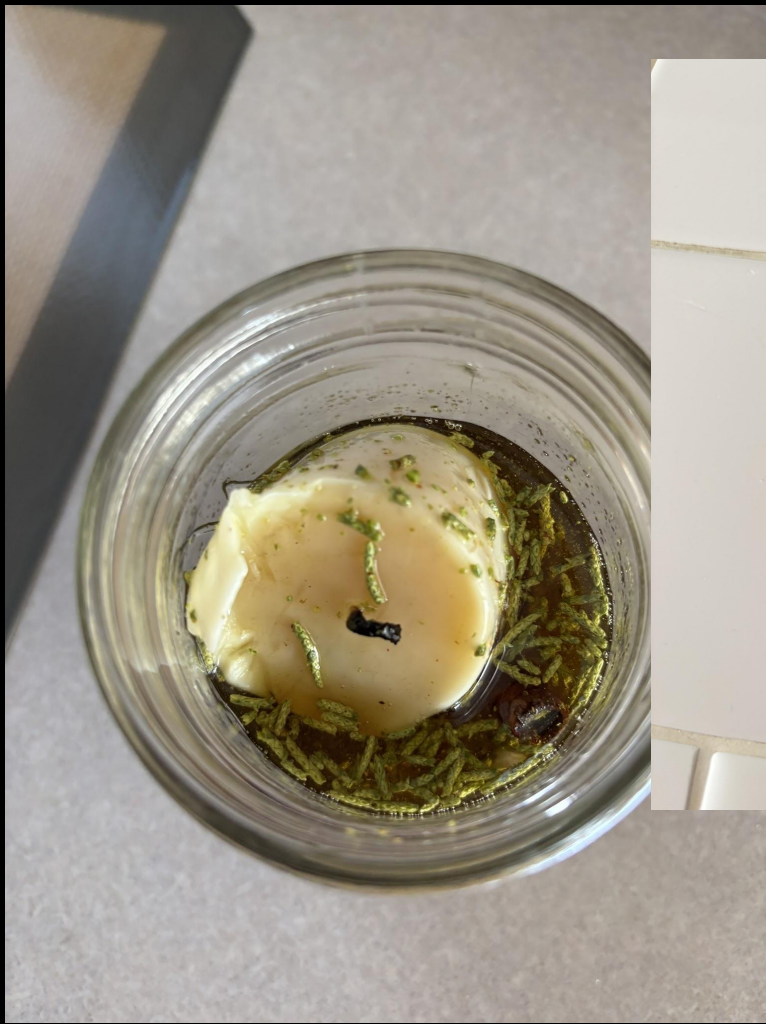


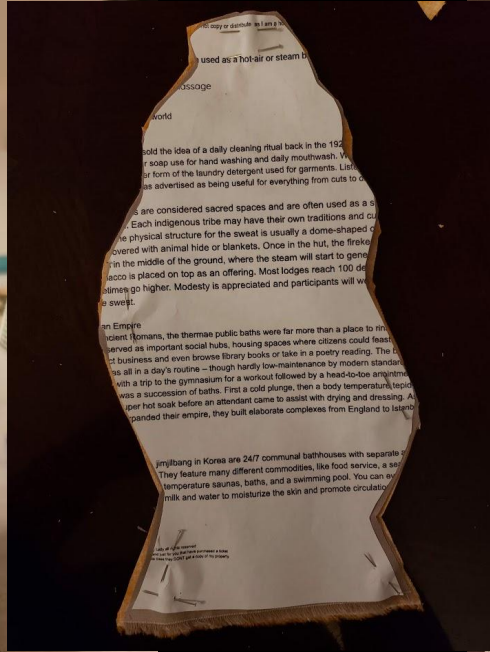












GRANDMA CAPILANO

**When you're this
resilient, they call
you Grandma.**

Reaching above 250 feet (75 m), Grandma Capilano is our tallest and oldest tree — an old-growth Douglas Fir that's withstood centuries of punishing blizzards, branch-tearing typhoons, insect attacks, and trunk-splitting ice storms.

At over 800 years old, her inner rings predate Genghis Khan — yet as you read this, she's still growing, adding yet another ring to her enduring trunk with every passing year.











MYSTIC SOUTH 2026 – Digital Products
Forgotten Tools Products – Scan Here!!

QR
Meditation
Song
MJ Worthy



QR
Audiobook
“Hoodoo for
everyone”



QR Softcover
“Hoodoo for
everyone”



QR Softcover
“Hoodoo
Guide to the
Bible”



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Box Breathing:

Ancestor Ancestor
we welcome you
To these forgotten tools

Ancestor Ancestor
we welcome you
To these forgotten tools

we reject fear and shame
we cast aside what doesn't belong
we open our minds to new ideas
we are ready to learn
we hear you
we see you
(repeat twice)

Forgiveness:

*Forgive me I forgot you
My ways of the old ones*

*Remember
Open Open our hearts
Remind us remind us to remember*

*Our feet
Our seeds
Our nuts
So many ways we can see your spirit*

Walking through this journey together

*Welcome welcome welcome you
Welcome welcome welcome you*

MYSTIC SOUTH 2026



Revival

Dollies Dollies

Poppets, space holders, keepers
of spirit

These are forgotten tools
or reminders to us
we open our minds and hearts to
new ideas
we intend to learn and grow
we honor and respect you of our
understanding

open our hearts today
Move mountains out of our way
Show us how to use this clay,
chalk, or fabric
To make a way when there is no
way

Sunset in Double:

*Forgive me I forgot you
My ways of the old ones
Calling all the Spirits of old*

*We open open our hearts
Remind us remind us to remember*

*These dolls, these pieces of fabric
and scrap
Speak to us and do our work for us
We hear you and thank you*

*We Welcome welcome welcome you
Let's Play*