



UNDERSTANDING ME

YOUR NAME HERE

I have **epilepsy**, a medical condition which causes electrical 'storms' (seizures) in my brain. The frequency and intensity of these storms was successfully reduced by brain surgery. Although my brain has recovered remarkably well, the seizures and surgery have impacted me in several important ways.

My aims in sharing this information is to minimize any negative impact my symptoms may have at work and to optimize my functioning my best as an employee and team-member.



I may need extra time to process information & respond to questions



I may not see things to the left / right side of where I'm looking



Learning new tasks can take me extra time and practice



People may see my physical disability underestimate my mental capabilities



My brain works harder to do everyday tasks so I get mentally tired



My functioning may vary more-than-expected in response to extra stressors



Even though some things take me longer, I...



HERE ARE SOME THINGS TO KNOW ABOUT ME



STRENGTHS

WHAT HELPS ME SUCCEED

WHAT DOESN'T WORK

WHAT I'M WORKING ON



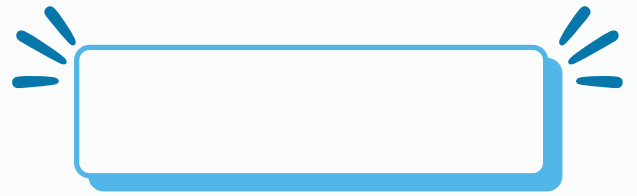
WHAT I WANT EMPLOYERS TO KNOW



♥ PLEASE SEE MY ABILITIES BEFORE MY DISABILITY. ♥



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