

*Self-Determination,
and the Dignity of Risk*

Presented by:
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Safety

Dignity of Risk



Introduction



the learning community
for person centered practices

What does
dignity of risk
mean to you?





What's the
riskiest thing
you've ever
done?

How Did It Feel When Others Focused Just on Health and Safety?

- Made me feel different from others, treated like a baby
- Like I wasn't making progress, my skills weren't growing
- Made me annoyed, frustrated, unhappy
- I hated being at school, imprisoned
- Made me not trust adults, even my mom



Taking Risks Can Lead To:

- Increased confidence
- Gaining more independence
- Overcoming fears
- Pride and accomplishment
- More opportunities
- Learning from mistakes

A horizontal bar composed of two chevron-shaped segments pointing to the right. The left segment is orange and contains the word 'Safety'. The right segment is gray and contains the words 'Dignity of Risk'.

Safety

Dignity
of Risk

A horizontal bar composed of three chevron-shaped segments pointing to the right. The left segment is gray and contains the words 'Dignity of Risk'. The middle segment is orange and contains the word 'Safety'. The right segment is gray and contains the words 'Dignity of Risk'.

Dignity of
Risk

Safety

Dignity
of Risk

Choice has Boundaries for Everyone

Imposed
by society

My values

Ripple
effect

Resource
driven

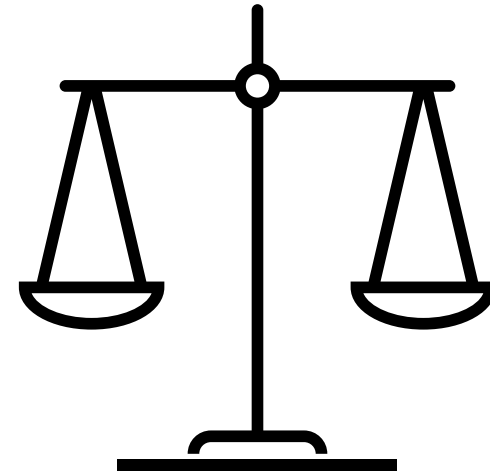
Risk
involved

Important To

- People
- Status & Control
- Things to Do/ Places to Go
- Routines
- Identity and Culture
- Pace of Life
- Things to Have
- Purpose and Meaning

Important For

- Health & Safety
- Being Valued



Foundation of Person-Centered Thinking

- What was the Important To tied to that wanting to learn to ride a bike?
- Did we talk about the risks associated with riding a bike? Did we talk about staying safe? Did we practice?
- What happened the first time you rode your bike to campus? Did anyone follow you to watch?
- What did you decide you would do differently next time? Did you keep riding?
- What was the next big negative bike riding experience we learned from?
- I had to ask myself:
 - Would I have to get permission before doing it? Even if there was a possibility of injury or if it's harmful to my health?
 - Would I have to prove I could do it perfectly before taking the risk of riding a bike around town?



After School Safety Rules for Ty

1. When you get off the bus, use your keys to go in the house. Be sure the kitty doesn't get out and **lock the door** behind you.
2. Call mom to let her know you are home and are safe.
3. You can make yourself a snack. No cooking! Microwave is okay for popcorn.
4. If someone rings the doorbell, don't answer it. Pretend that you are not home. Don't go to the window of the door to look.
5. Do not go outside unless mom or dad are home.
6. In case of a fire- leave the house and go to the neighbor's house. If you have your phone, call 911 **after** you leave the house. Call mom or dad after you call 911. Don't worry about toys or the kitty. The firefighters will save her.



Risky Experiences Which Lead to Ty Getting His License

Staying Home Alone (6th grade)

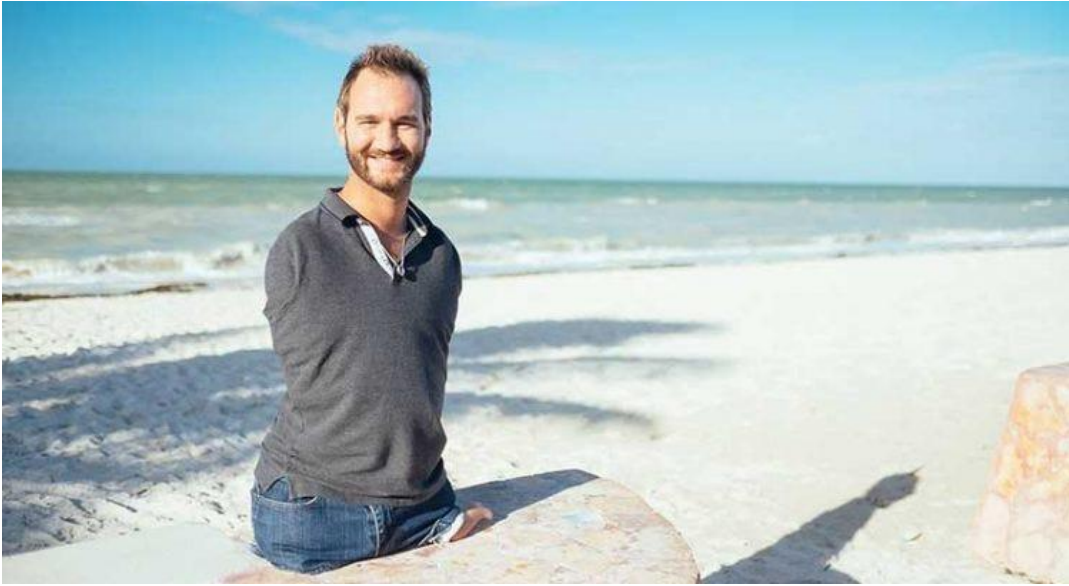
Bike (8th Grade)

BTD Bus (10th Grade)

Uber (10th Grade)

Parent Taught Drivers Ed (11th Grade)

Driver License (12th Grade)



“Risk, then, is not just part of life. It is life. The place between your comfort zone and your dream is where life takes place. It's the high-anxiety zone, but it's also where you discover who you are.” –Nick Vujicik



“Independent Living isn't doing everything by yourself — it's being in control of how things are done.” – Judy Heumann

Questions?

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