



**Build Emotional Muscle**  
Create a Culture of Wellness & Resilience

## **Resources: Addiction and the Tragic Link to Suicide: Awareness and Prevention Strategies with AnneMoss Rogers**

**<https://sudandsuicide.com/>**

**Go to the link, put in your name and email in the form fields. And lots of resources will be automatically sent to your inbox including:**

- Presentation in PDF with links to resources
- Sample RVA handout for families + other handouts
- Anything mentioned in the presentation and more
- Research-Validated Suicide Screening Tools
- “The Difference Between Tough Love and Boundaries” + other popular articles visited millions of times
- In memory of my son, Charles Aubrey Rogers who lived with depression and addiction and died by suicide while going through withdrawal, 4/26/1995-06/5/2015



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