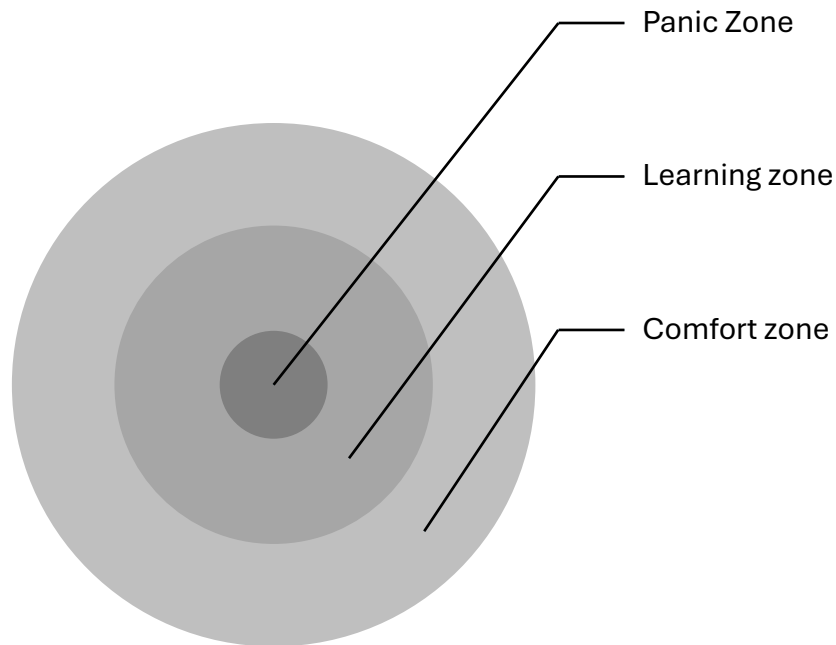


BEYOND THE COMFORT ZONE ACTIVITY

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Instructions:

Take a few minutes to reflect on the following questions and jot down your thoughts.

1. What each of these zones look for me personally when envisioning yourself interacting with someone that has a disability for which you are not very familiar.
 - a. Comfort zone:
 - b. Learning zone:
 - c. Panic zone:
2. How can each of the following help me get in the learning zone?
 - a. My professor(s)?
 - b. My classmates?
 - c. What can I do to get *myself* into the learning zone?