

Incorporating Movement

Strategy	Description	Tips
1. Stand Up Vs. Hand Up	<ul style="list-style-type: none">• During a class discussion, ask any question.• Then say, "If you know, stand up."• Call on students who are standing. Repeat.	<p>Don't overuse. Try once a month or so.</p>
2. Pair/Share with a Twist	<ul style="list-style-type: none">• Ask a question.• Have students write a response.• Pair/share with another student across the room.	<p>Mix/match with desk partner pair/share.</p>
3. Power Point Gallery Walk	<ul style="list-style-type: none">• Print the slides of any power point. Tape the printed pages on the walls of your room.• Give your students guided notes.• Have them walk the room, filling in the notes for the slides.	<ul style="list-style-type: none">• Keep the slides simple.• Number the slides and the notes.• Use to frontload information.• Use as a review.
4. Diagram Gallery Walk	<ul style="list-style-type: none">• Take any diagram, chart, infographic, etc., and hang it around the room.• Give your students a worksheet with questions about the material.• Have them walk the room finding the answers that they need.	<p>Use with a series of diagrams or charts.</p>
5. Jigsaw Learning	<ul style="list-style-type: none">• Give each group gets a section of the learning materials.• Give them time to learn their section.• Each group teaches another.	<p>Give a study guide or notes. Review as needed.</p>

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6. Collection Walk	<ul style="list-style-type: none">• Give your students a piece of paper and a pencil.• Take a walk around the school/grounds.• Challenge your students to see who can identify the most _____.	<p>Get creative. Help your students make connections between theory and practice.</p>
7. Teacher Sample Puzzle	<ul style="list-style-type: none">• Create a work sample.• Copy the sample for groups.• Cut the sample into parts.• Have the groups race to put the pieces together.	<p>Make sure the kids have a copy of the steps needed to put the puzzle together.</p>
8. Task, Not Ask	<ul style="list-style-type: none">• Rather than have ONE student give an answer, task EVERY student with a simple movement strategy.<ul style="list-style-type: none">◦ Ex: Hold up the number of fingers to show...◦ Put a STAR next to your name at the top of your paper.◦ Point to the resource where you can find...	<p>Find simple ways to TASK not ASK and use this strategy often.</p>
9. Pass the Pattern	<ul style="list-style-type: none">• Sort students in 2-3 groups in a circle.• Give them a soft ball or squishy toy.• Pass the ball around the circle in a pattern.<ul style="list-style-type: none">◦ (No passing to the person next to you.)• Pass 3 times around the circle without dropping the ball.• Add a 2nd or 3rd ball/pattern.	<p>Groups of ten or more work best. Don't help them after your initial instructions. Use in the springtime after testing.</p>
10. 30-second Dance Party	<ul style="list-style-type: none">• Use as a brain break, a reset, or just for fun.• Surprise students.	<p>Don't make students participate. Time it. Stop at 30 seconds.</p> <p>Have your students help you curate a collection of music.</p>

