



Under Construction™: Adolescent Brain Development in Real Classrooms

Continuing Education for Mental Health Clinicians

CE hours are only awarded for instructional time, late arrivals or early departures will not be awarded CE hours

Designed for LMFTs, LPCCs, LCSWs, and LEPs of all levels, this course translates adolescent brain science into a practical clinical model to help adolescents connect with identity, community, and purpose. Participants will examine the BUILD™ Model as a framework for aligning support with adolescent development. Attendees will learn to translate these neurobiological insights into actionable interventions and practical tools to help young people reframe challenges as opportunities for growth. This session empowers practitioners to ensure their work is grounded in the reality of how the adolescent brain functions and thrives while supporting students in fostering resilience and improving self-regulation,

By the end of the workshop, participants will be able to:

- * Describe at least three key principles of adolescent brain development and their implications for student behavior and learning.
- * Identify at least two developmentally responsive intervention strategies based on a classroom or disciplinary scenario using the BUILD™ framework.
- * Write one practical implementation plan incorporating one brain-aligned support tool.

Upon completion of the course, you will receive a Certificate of Completion through email. If you do not receive your Certificate of Completion within ten business days, please contact CEU@WellnessTogether.org

Instruction Provided by:

Dr. Tiffany Chaney, Ed.D., LPC-S, is a Licensed Professional Counselor Supervisor with more than 30 years of experience in education and mental health. She currently serves as a School Climate and Culture Specialist with the Harris County Department of Education and provides clinical mental health services throughout the Greater Houston area. Dr. Chaney delivers evidence-based counseling services focused on healing, resilience, and holistic well-being. Her professional experience includes roles as a classroom teacher, counselor, Mental Health and SEL Coordinator, and trainer in trauma-informed practices, threat assessment, and school climate initiatives. Dr. Chaney is passionate about translating research into practical strategies that create safe, supportive, and student-centered learning environments.

Dr. Michelle Calhoun, LPC, NCC, is a licensed professional counselor, certified school counselor, and Climate and Culture Specialist with Harris County Department of Education's Center for Safe and Secure Schools. She brings nearly two decades of experience in education, counseling, and student support, having served as a special education teacher, professional school counselor, therapist, and trainer. Michelle specializes in school mental health, restorative practices, behavioral threat assessment, trauma-informed practices, PBIS, and SEL. She is a Certified YMHFA Trainer and regularly provides professional development on school safety, student wellness, and positive school climate initiatives.



1.0 Hour Available | No Additional Cost

CE hours are included for registered conference attendees who attend the course. No refunds will be provided. A CE certificate will be awarded at no additional cost to registered attendees present for the entirety of the course after completion of the course quiz, evaluation, and other required parts of the course.

For Accommodations or Grievances, please email CEU@WellnessTogether.org

Course meets the qualifications for 1.0 hour of Continuing Education Credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

Wellness Together, Inc., Provider #141369, is approved by the California Association of Marriage and Family Therapists to sponsor Continuing Education for LMFTs, LCSWs, LPCCs, and LEPs. Wellness Together maintains responsibility for this course and its content.

